

Covid-19 Local Community Support

Group	Online	Email	Telephone	Description
Age Concern - Alton	www.ageconcernhampshire.org.uk	altondcc@ageconcernhampshire.org.uk	01420 84257	Age Concern Hampshire are spearheading the movement in Hampshire to protect the most vulnerable elderly people by delivering outreach services.
Alton Community Care	www.altoncare.org.uk		01420 541520	Alton Community Care is a volunteer transport service for people attending medical appointments who do not have their own transport and are unable to access public transport. Our drivers are volunteers who use their own cars. Please contact 01420 541520 but do please give as much notice as possible.
Alton Community Cupboard	www.altonclimatenetwork.org.uk	altoncommunitycupboard@gmail.com		The community cupboard will be delivering bags of food to vulnerable self isolating families. Please contact altoncommunitycupboard@gmsil.com or Alton Lions for further help.
Alton Food Bank	www.alton.foodbank.org.uk	info@alton.foodbank.org.uk	07773 034447	Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher. The Alton Foodbank has put into operation plans to continue to operate the and will be distributing food to people referred in pre-packed food parcels at the door of the foodbank in Market Square. Normal opening times will stay in place.
Alton Hard of Hearing Group & Hearing Link	www.hearinglink.org	enquiries@hearinglink.org	01420 83514	Hearing Link is a UK-wide charity for people with hearing loss, their families and friends. We're here to help you adjust to the practical and emotional challenges that hearing loss can bring – offering shared experiences, practical support and guidance, so you can reconnect with people and face the future with confidence. Whatever your query or concern, whether you have hearing loss yourself or wish to support someone else, please get in touch. We look forward very much to hearing from you. For more information on the Alton Hard of Hearing Group please contact Kate Dando; email: kaddando@gmail.com
Binsted Bentley and Froyle Care Group			01420 23440.	If you are unable to pick up your prescriptions, we are happy to collect and deliver them for you from Monday 23rd March
Cardiac Rehab	www.cardiac-rehab.co.uk	hearty@cardiac-rehab.co.uk	01420 544794	In these extraordinary times we have taken the decision to close at the Centre until further notice - this will affect ALL sessions.
Citizens Advice - East Hampshire	www.citizensadvice.org.uk/local/east-hampshire		Adviceline 0300 3309 028 (East Hampshire residents only)	CAB will continue to provide advice to East Hampshire residents by telephone from 18th March 2020 and we encourage you to call this number with any advice query.
Dementia Friendly Alton	www.dementia-friendly-alton.org.uk		07922 022321	Contact Dementia-Friendly Alton if you or someone you know is isolated and needs someone to contact them.

Four Marks Care	www.fourmarkscare.org.uk	info@fourmarkscare.org.uk	01420 564435	They provide transport for people in Four Marks unable to drive themselves and who may need a lift to non-emergency medical appointments with their doctor, dentist, hospital etc.
The Princess Royal Trust for carers in Hampshire	www.carercentre.com	info@carercentre.com	0845 6041577	Providing support and advise for carers. They have a dedicated team to provide support to discuss, develop and implement an emergency care plan. Up to 48 hours care may be available for the person you care for in the event of an emergency.
Wessex Cancer Trust	www.wessexcancer.org		023 8067 2200	We're working hard to introduce new services so we can continue to be there for as many people as we can who need support. This will include videos and helpful advice, online streaming of classes and meditation and telephone counselling.